



# USATF MID-ATLANTIC 1 MILE ROAD RACING CHAMPIONSHIPS

CAMPUS OF LINCOLN UNIVERSITY (PA)

USATF Certified course, beginning and ending on the track

SUNDAY AUGUST 5, 2018

Rain or Shine 8:30AM Start

Entry fee: Adults \$20 Kids \$15

RACE DAY REGISTRATION BEGINNING AT 7:00 AM

MAIL IN REGISTRATION POSTMARKED BY JULY 30, 2018

Women's open division 8:30 AM

Men's open division 8:50 AM

Women's masters division 9:15 AM

Men's masters division 9:30 AM

Team championship (3 person)

Awards & Post race refreshments

## ENTRY FORM

Waiver and Release of Liability: I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risk associated with running/walking this event including but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and consideration of you accepting my entry to participate in this TNT International Racing Club hosted and event, I for myself and anyone entitled to act on my behalf, waive and release TNT International Racing Club, Lincoln University, the Commonwealth of Pennsylvania and all sponsors, their representatives and successors for all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on the part of the person's named in this waiver. I certify that I read this waiver and release and understand its significance.

SIGNATURE \_\_\_\_\_ PHONE \_\_\_\_\_

PRINT NAME \_\_\_\_\_ AGE \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_ T-Shirt Size \_\_\_\_\_ USATF# \_\_\_\_\_

Unofficial entrants, bicycles, participating with animals and the wearing of headphones is prohibited, for the safety of all participants.

\*Make checks payable to K Lanier/TNT PO box 234 LU, PA 19352